

Burstall Horticultural Society



71st ANNUAL FLOWER SHOW, FETE, CLASSIC VEHICLES & FUN DOG SHOW

To be held in
The Village Hall IP8 3DR
and adjoining meadow on

SATURDAY 1st August 2026
from noon

AT THE BURSTALL SHOW there is something for everyone

- Free parking and free Entry
- The Horticultural Show exhibits displayed in the marquee
- Classic cars and vehicles on display
- Live music
- Fun dog show
- Craft stalls
- Filled rolls, coffee, tea and cake in the hall
- BBQ and ice creams
- Beer & prosecco tent
- Side shows
- Activities for the children

Our full programme of events will be published on
burstall-pc.gov.uk/summer-show in due course.

Schedules available from:

The phone box, The Street, Burstall or view at
burstall-pc.gov.uk/summer-show

Show entries to:

the post box on the clock tower in the village hall
grounds or enter online at
burstall-pc.gov.uk/summer-show

Enquiries to: Tanya Holland at tanya.burstallshow@gmail.com

**ANYONE CAN ENTER
NOT LIMITED TO BURSTALL RESIDENTS**

2025 Winners

Division 1: Vegetables	Davey Challenge Cup – Highest Points Challenge Shield – Highest Points, Burstall Challenge Shield – Best Exhibit	Hugh Richards Lynn Hume Lily Gryspeerdt
Division 2: Flowers	Tankard – Highest Points Challenge Shield – Best Exhibit	Hugh Richards Hugh Richards
Division 3: Burstall Green Fingers	Green Fingers Award – Highest Points	Vanessa Maggs
Division 4: Flower Arranging	Clayton Rose Bowl – Highest Points Jill Gooderham Shield – Best Exhibit	Muriel Pearsons Muriel Pearsons
Division 5: Preserves	Sago Family Cup – Highest Points	Jane Sago
Division 6: Cookery	Challenge Cup – Highest Points Challenge Cup – Highest Points, Burstall	Jane Sago Ann Day
Division 7: Handicraft	Anna Cooper Plate – Highest Points Janet Branton Memorial Shield – Best Exhibit	Wendy Hart Bina Hawkes
Division 8: Children Under 5	Cup – Highest Points	No Entries
Division 9: Children 5 to 9	Joan Eagle Cup – Highest Points	Evelyn Blackwell
Division 10: Children 10 to 15	Cup – Highest Points	Joseph Blackwell
Divisions 8, 9 & 10 All children's classes	Shield – Best Exhibit	Evelyn Blackwell
The Tony Burchnall Shield	Best Vehicle	Ian Buckle, Citroen DS23 Pallas
The Great Burstall Bake Off	Highest Number of Public Votes	Carol Mayston



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How to enter:-

1. To enter the potato and plant challenges (classes 15 and 26) collect the seed potato and/or seeds from the village hall between 10:30am and 11:30am on Saturday 21st March 2026. There will be a charge of £1 for each item but no show entry fee.
2. Prior to the show select the classes you wish to enter and fill in the attached form (inside the back cover) or print from the Burstall website. There is a charge of 30p for each exhibit entered except for the children's classes (Divisions 8, 9 & 10) and the growing challenges.
Prize money for all classes – 1st 60p, 2nd 40p and 3rd 20p.
3. Deliver the form to the post box on the clock tower at Burstall Village Hall IP8 3DR by 5pm on the Wednesday before the show. Pay with cash with your form or by BACS.
Alternatively, you can enter online using the entry form at burstall-pc.gov.uk/summer-show
BACS entry fee to: Burstall Village Club – Sort code 30-94-55 – Account Number 02632374
Please quote '**Flower Show**' in the reference.
Late entries, i.e. those not made by the Wednesday before the show, will be charged at a rate of 50p each on show day.
4. On the day of the show bring your entries to the marquee between 8 and 10am. (Judging begins at 10.30am and everybody must have left the marquee by then).
5. On arrival at the marquee collect your exhibitors' cards and place your entries in the appropriate area with the card under the entry. (Please ask if you need help).
6. The marquee will be open to the public from 1pm until 4.30pm. Entries can be collected after this time.
However, if you are willing to donate your entries to the shows sales table (with all proceeds to go to show funds) please make it known by using the stickers supplied.
7. Trophies will be presented at approx. 4.45pm. Prize money may be collected from the marquee from 4.15pm.
Monies not collected on show day will be returned to show funds.

Show rules:-

- Produce judging is according to the Royal Horticultural Society rules and baking according to the WI's On with the Show. The decisions of the judges are final. Any person using any means to deceive the judges will forfeit all prizes and be debarred from entering future shows.
- Flower and vegetable entries must have been grown by the exhibitor for at least two months prior to the show, although flowers may be purchased for the flower arranging classes (Division 4).
- Handicraft items must have been made by the exhibitor and must not have been entered previously.
- All baked items should be on paper plates, in a clear plastic bag (no cling film please).
- Preserves must be in non-commercial jars/bottles and have new lids/tops.
- Only one entry per person in each class is allowed.

The Burstall Horticultural Society, the Cranfield Memorial Trust, the Burstall Village Hall, Fiske Lands Trust and Fiske Farms, their officers and employees will not be responsible for or accountable to any person whatsoever for any damage or loss to the property of any person whatsoever or for any accident or injury, fatal or otherwise or any damage or loss that may occur to any person or animal or vehicle whilst upon the showground or car parks or whilst entering or leaving the same. Acceptance of the foregoing provisions shall be a condition of entry.

Proceeds to Village Hall funds

Burstall Village Hall is a Registered Charity Reg. No. 30472

ANYONE CAN ENTER – NOT LIMITED TO BURSTALL RESIDENTS

Division 1. Vegetables

1. 3 runner beans with the stalks still attached
2. 3 French beans with the stalks still attached
3. 3 carrots with the tops trimmed to approximately 75mm/3inches
4. 3 potatoes of the same variety
5. 3 onions with the tops trimmed and tied to approximately 25mm/1inch
6. 3 shallots with the tops trimmed and tied to approximately 25mm/1inch
7. 3 beetroot with the tops trimmed to approximately 75mm/3inches
8. 3 chilli peppers of the same variety with the stalks still attached
9. 3 courgettes approximately 150mm/6inches in length
10. 3 beefsteak tomatoes with the calyxes still attached
11. 6 cherry tomatoes with the calyxes still attached
12. 1 cucumber
13. A plate of 10 soft fruits with the calyxes still attached (i.e. blackberry, raspberry, gooseberry or strawberry)
14. 3 sticks of rhubarb with the foliage trimmed to approximately 75mm/3inches
15. Potato challenge - grow the seed potato supplied in a pot or container no larger than 400mm/16inches then bring for weighing on show day - **please see note in additional information**

Division 2. Flowers

16. 3 stems of annual flowers
17. 3 stems of perennial flowers
18. A vase of mixed garden flowers (no more than 10 stems)
19. 1 hydrangea head
20. 1 vase of sweet peas (6 stems) foliage may be included for effect
21. 1 specimen rose bloom
22. A bunch of lavender
23. 1 pot-grown cactus
24. 1 bowl of floating flower heads
25. A collection of herbs in a jam jar
26. Plant challenge – grow the seed supplied in a pot no larger than 400mm/16inches then bring for judging on show day - **please see note in additional information**

Division 3: Green Fingers

Open to all ages - children & adults

27. A buttonhole - using flowers from your own garden
28. The funniest carrot
29. The longest runner bean
30. A jam jar lantern – A workshop to be held at the end of July (date to be confirmed) or please make at home if you would prefer or can't make the workshop

Division 4: Flower Arranging

Please check measurements and remember that only perfect foliage should be used

31. An arrangement to support your favourite FIFA World Cup team - accessories can be used and must fit within a 600mm/24inches square base
32. A hand tied bouquet made with garden flowers
33. An arrangement in a teacup
34. An arrangement in a sports shoe – any size
35. An arrangement of foliage only – maximum size 500mm/20inches square
36. A table decoration in a jam jar

Division 5: Homemade Preserves and Drinks

Must be in a non-commercial jar/bottle with a new lid/top and the date made on the label

37. A jar of strawberry jam
38. A jar of chutney
39. A jar of condiment for a roast dinner, such as apple, mint or cranberry sauce
40. A bottle of fruit liquor
41. A bottle of fruit or flower cordial

Division 6: Cookery

Entries to be on a paper plate in a plastic bag – no cling film please

42. Shona's ginger cake - **please use the recipe supplied in additional information**
43. 6 bread sticks
44. 6 rock cakes
45. 6 Suffolk rusks
46. 6 chocolate melting moments - **please use the recipe supplied in additional information**
47. 6 Shortbread fingers
48. A focaccia – any flavour
49. 6 pieces of flapjack - **please use the recipe supplied in additional information**
50. 6 cheese scones
51. A tea loaf
52. 6 butterfly buns
53. **The Great Burstall Bake Off** A 'showstopper' loaf of bread to be judged by the public by sight

Division 7: Handicrafts

54. A knitted twiddle muff to be donated to Colchester & Ipswich Hospitals Charity for dementia patients in the hospitals care – **pattern and information supplied in additional information**
55. A knitted or crocheted garment for a child or adult
56. A photograph of a mode of transport – maximum size 180mm/7inches x 130mm/5inches
57. An elasticated bracelet
58. An item of needle felting
59. An illustrated poster of a verse from your favourite song or poem – hand or computer produced
60. A length of bunting to celebrate the FIFA World Cup - approximately 1000mm/39inches long
61. Something new from something old
62. An item of decoupage
63. An item of craftwork not in the schedule

Division 8: Children under 5

Please state age on entry form - Entrants may have some adult help

64. A beaker filled with stems from the garden (can be foliage)
65. A colourful threaded pasta necklace
66. A drawing or painting of the sun
67. A creature made from recycled items
68. A decorated digestive biscuit

Division 9: Children aged 5 - 9

Please state age on entry form - Must be child's own work but some supervision may be required

69. Make a boat that will float (judges to test)
70. A photograph of your favourite toy - maximum size 180mm/7inches x 130mm/5inches
71. A bowl of floating flower heads
72. A decorated flowerpot
73. A forest scene in a shoe box
74. A poster of a verse from your favourite song or poem - written and illustrated by hand
75. Any piece of craft or art made at home
76. 4 cheese straws
77. 4 rock cakes
78. 4 choc chip cookies

Division 10: Children aged 10 - 15

Please state age on entry form - Must be young person's own work

79. Grow a plant from a seed in a pot
80. A pencil drawing of a piece of fruit
81. A photo of your version of 'rate my plate' - maximum size 180mm/7inches x 130mm/5inches
82. An illustrated poster of your favourite song or poem to be computer generated
83. Make and decorate a gift tag for a present
84. A bird scarer made from recycled items
85. Any piece of craft or art made at home
86. 4 pieces of flapjack – **please use the recipe supplied in additional information**
87. 4 rock cakes
88. 4 choc chip cookies

ADDITIONAL INFORMATION

Potato Challenge: Division 1 – Class 15

Grow a seed potato in a pot or container no larger than 400mm/16inches. Bring to the marquee on the morning of the show with the top cut off.

The winning plant will be the one that produces the greatest weight of potatoes.

Seed potatoes kindly supplied by Thompson and Morgan.

Plant Challenge: Division 2 – Class 26

Grow a dwarf sunflower from the seeds provided in a pot no larger than 400mm/16inches.

Bring your pot to the marquee on the morning of the show for judging.

Important: In order to participate in both or either challenges please email

tanya.burstallshow@gmail.com

Collect your plant challenges from Burstall Village Hall on Saturday 21st March 2026 between 10:30 & 11:30.

There will be a charge of £1 at the time of collection which is inclusive of the show entry fee.

If you are unable to collect on this day, please email tanya.burstallshow@gmail.com to arrange alternative collection.

Recipe for Division 6: Cookery – Class 42

Shona's ginger cake

Ingredients: <ul style="list-style-type: none">• 225g self-raising flour• 1 tsp bicarbonate of soda• 1 tbsp ground ginger• 1 tsp ground cinnamon• 1 tsp ground mixed spice• 115g butter – cut into cubes plus extra for greasing• 115g dark muscovado sugar• 115g black treacle• 115g golden syrup• 250ml whole milk• 85g drained stem ginger – finely grated• 1 egg For the icing <ul style="list-style-type: none">• 50g icing sugar – sifted• 1 tsp finely grated lemon zest• 1 tbsp lemon juice	Method: <ul style="list-style-type: none">• Preheat the oven to 180C/fan160C/gas4. Butter and line a 18cm round, 7cm deep cake tin with greaseproof paper.• Put the flour, bicarbonate of soda and all the spices in a large mixing bowl. Add the butter and rub it into the flour with your fingertips until the mixture resembles fine breadcrumbs.• Put the sugar, treacle, syrup and milk in a medium saucepan and heat, gently stirring until the sugar has dissolved. Turn up the heat and bring the mixture to just below boiling point.• Add the stem ginger to the flour mixture, then pour in the treacle mixture, stirring as you go with a wooden spoon. Break in the egg and beat until all the mixture is combined and it resembles a thick pancake batter. Pour this into prepared tin and bake for 50 minutes-1hour, until a skewer pushed into the centre of the cake comes out fairly clean. Leave to cool completely in tin before turning cake out.• To make the icing, mix together icing sugar and lemon zest, then gradually add lemon juice until you have a smooth, slightly runny icing. Drizzle icing in a zig-zag pattern over surface of cake, turn cake around and drizzle again to create a cross-hatched finish.
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Recipe for Division 6: Cookery – Class 46

Chocolate melting moments

Ingredients: <ul style="list-style-type: none">• 100g margarine• 50g sugar• 100g plain flour• 25g cocoa powder• few drops of vanilla essence• Topping• 50g porridge oats• 6 glacé cherries, halved	Method: <ul style="list-style-type: none">• Preheat oven to 190C/fan170C/gas 5.• Cream margarine and sugar together.• Add vanilla essence, the sieved flour and cocoa, mix well together.• Divide into 12 and rolls into balls. Coat these in the oats.• Place on greaseproof paper and flatten slightly before putting half a glacé cherry in the centre of each biscuit.• Put in oven and bake for 12-15 minutes. Remove from oven and leave to harden slightly before cooling on a wire tray.
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Recipe for Division 6: Cookery - Class 49

Division 10: Children aged 10 - 15 - Class 86

Ingredients: <ul style="list-style-type: none">• Flapjack• 175g butter• 125g soft light-brown sugar• 55g golden syrup• 350g porridge oats	Method: <ul style="list-style-type: none">• Preheat oven to 180C/160C fan/gas 4.• Grease and line a 20cm x 30cm oblong tin.• Put butter, sugar and syrup into a small saucepan and place over a low heat, stirring until melted.• Remove pan from hob, add the oats and mix well.• Pour the mixture into the prepared tin and press down well.• Bake in the oven for 25-30 minutes until golden but slightly soft.• Remove from the oven and leave to cool for 10 minutes.• Mark into pieces and allow to cool completely before moving from the tin.
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Knitted twiddle muffs will be donated to the Colchester & Ipswich Hospitals charity for dementia patients in the hospitals care. Admission to hospital can cause a person with dementia to be unsettled or anxious due to the unfamiliar environment they find themselves in, and as a result they might fiddle with medical appliances such as intravenous lines, drainage tubes and dressings. They may also pull off clothing and bed linen. A twiddle muff can bring relief by giving the person something to fiddle with instead and help to maintain their dignity and privacy. The main benefit is the calming effect twiddle muffs can bring through the repetitive small movements they encourage which in turn can reduce stress.

Please follow the below guidance:-

- Twiddle muffs are mostly worked with two or more threads of wool, so use two strands of double knitting yarn or a single one if the yarn is chunky.
- Use size 3 (6 ½ mm) needles.
- Cast on 40 stitches and work in stocking or garter stitch for 28cm. This will form the inner part of your twiddle muff.
- Continue knitting for another 30cm in colours, stitches, and yarns of your choice (please see below) This will form the outer part of your twiddle muff.
- Cast off. You now have a rectangle 58cm long.
- Decorate the rectangle (please see below) You can decorate the inner part as well as the outer part for an extra sensory experience.
- Fold your rectangle in half lengthways, decorations inwards and sew up the seam.
- Turn your tube right side out. Now push the 28cm inner piece through so that the two ends of the tube meet.
- Sew the ends together.

- It is better to use close stitches as holes can snag on intravenous drips or medical attachments.
- Buttons, beads, ribbons, pockets, zips, flaps, knitted flowers, frills, lace, bangles, small nuts and washers, cotton reels, tactile fabric and so much more can be used to decorate your twiddle muff.

BUT PLEASE:

NO woolly handmade tassels, metal chains, key rings or plastic flowers as these are easy to pull/chew apart.
NO heavy items as may cause injury if swung about or things that are noisy such as bells and whistles.
NO sharp or rough edges.

SAFETY IS THE NUMBER ONE PRIORITY SO PLEASE MAKE SURE ALL DECORATIONS ARE SECURELY ATTACHED AND WON'T COME OFF OR DISINTEGRATE IF PULLED OR CHEWED.

Some are given to men, so it helps to include twiddle muffs in football teams and neutral colours.

If you would like to make more than one twiddle muff, please choose your favourite to be judged and place any others in the pot provided.

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